



TOWARD ZERO DEATHS MINNESOTA
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Welcome to the Minnesota TZD Conference!

October 23-24, 2019
St. Cloud, MN
www.minnesotatzd.org



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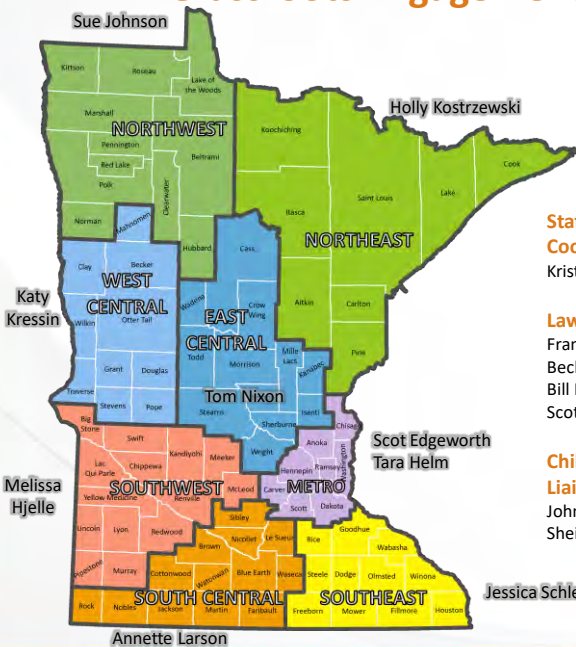










Grassroots Engagement

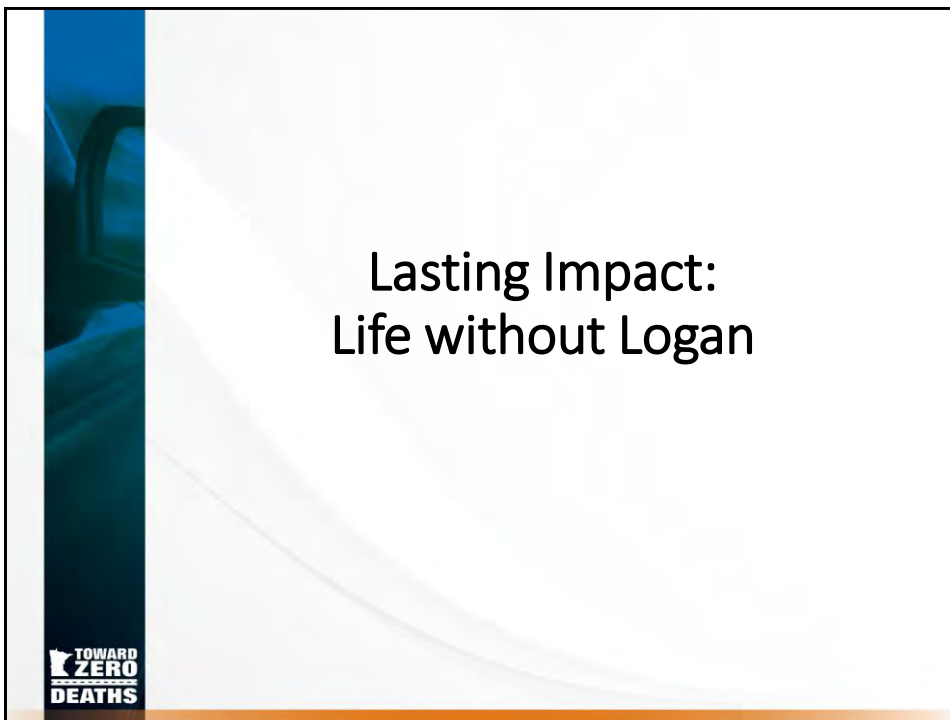


Statewide TZD Program Coordinator
Kristine Hernandez

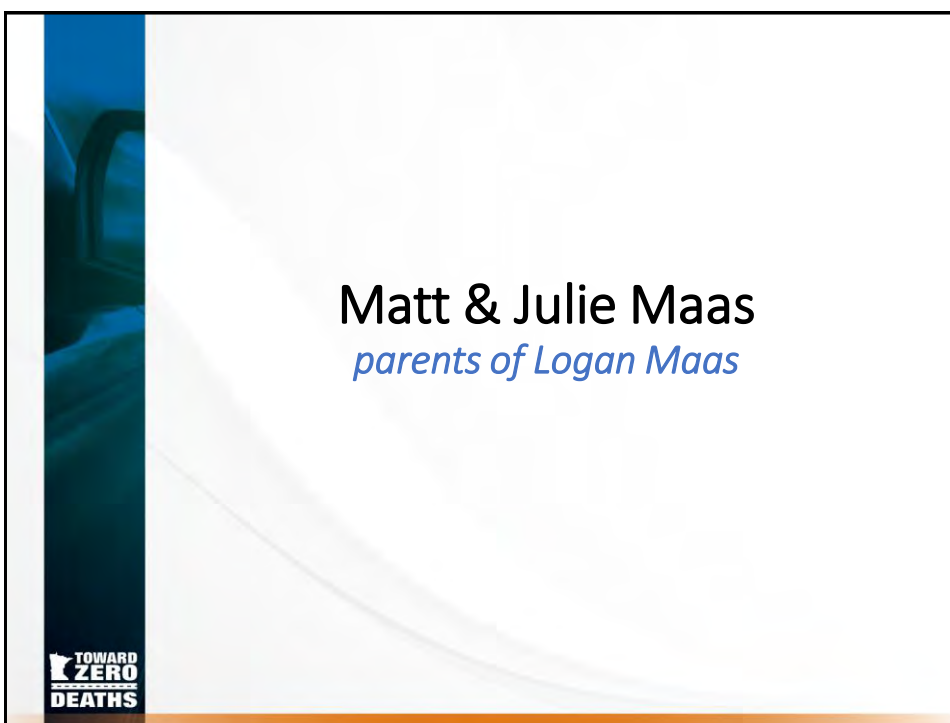
Law Enforcement Liaisons
Frank Scherf, Northeast
Becky Putzke, Northwest
Bill Hammes, Metro
Scott McConkey, South

Child Passenger Safety Liaisons
John Parenteau
Sheila Denton




Lasting Impact: Life without Logan



Matt & Julie Maas


parents of Logan Maas



Plenary Session:

**Post Traumatic
Growth: Turning
Trauma into Action**

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What is trauma?

- a deeply distressing
or disturbing
experience

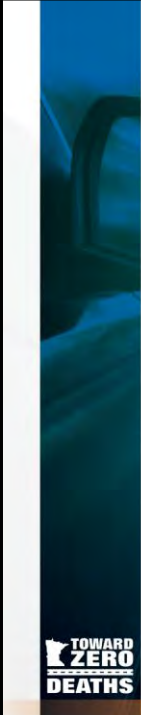
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What can cause it?

What have you
experienced?

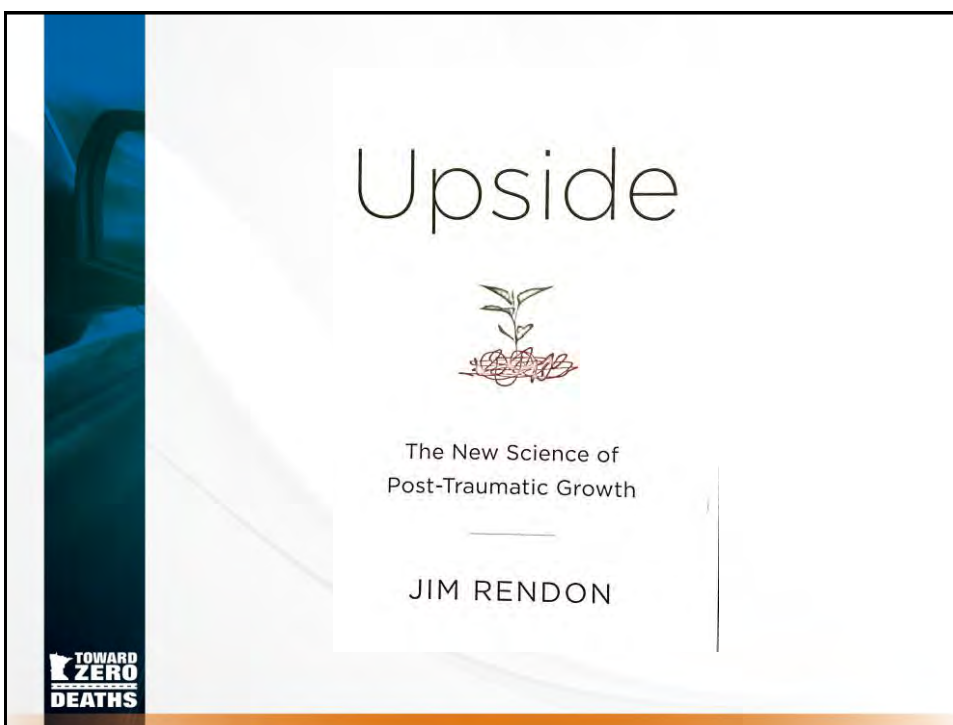
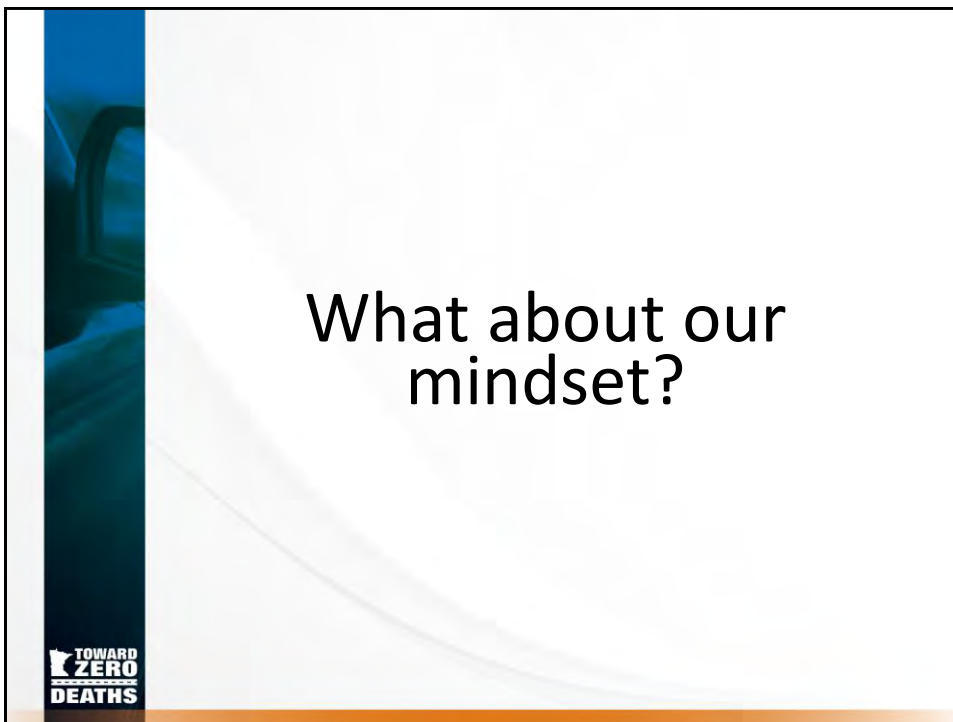
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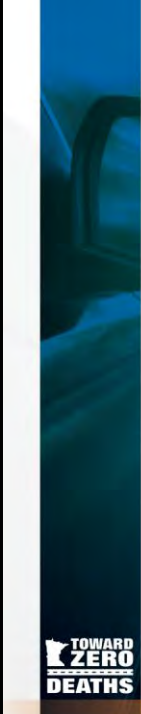


“On the occasion of every
accident that befalls you,
remember to turn to
yourself and inquire what
power you have to turn it
to use.”

-Epictetus (60-120 A.D.)

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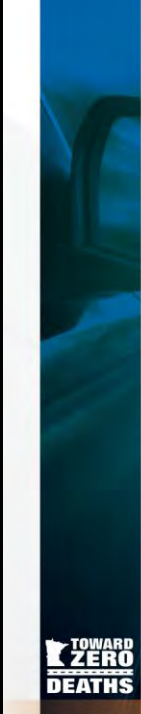


- 
- Telling a new story
 - Relying on others
 - Expressing yourself
 - Looking for the positive
 - Finding meaning in faith
 - Opening up to new experiences



Dr. Leonard Poon,
University of Georgia

- Optimism
- Engagement
- Mobility
- Adaptability to loss



Don't pick up what
doesn't belong to you
emotionally.

Resilience:

- A belief that we can influence events (power vs. powerless)
- A belief that we can learn and grow from both positive and negative events.

*Bonnano, Columbia University 2012

Thank you!

2020
Duluth
October 20-21, 2020

